**Butter lettuce, green pea and ricotta salad**

**Equipment**
- Chopping boards
- Sharp knives
- Salad bowls
- Juicer

**Ingredients:**
- 100g (1 cup) frozen green peas
- 100g (1 cup) sugar snap peas, trimmed
- 100g (1 cup) snow peas, trimmed
- 1 tbs lemon juice
- 2 tbs extra virgin olive oil
- 1 butter lettuce, rinsed
- 200g (1 cup) ricotta cheese

**Method**
1. Bring a saucepan of salted water to the boil and cook the frozen peas for 10 minutes. Add the sugar snap peas and snow peas and cook for a few minutes until they are emerald green. Drain, then rinse under cold running water.

2. Put the peas in a bowl and add the lemon juice and olive oil. Season with salt and pepper.

3. Arrange the lettuce leaves on a serving platter, then spoon over peas. Add the ricotta in rough spoonfuls all over the salad and drizzle with any remaining dressing.