Checklist for Students

General considerations
Clothing taken on outdoor or adventure programs should allow participants to be comfortable and protected in a range of conditions, regardless of the season. Clothing that is quick drying and resistant to damage is ideal. Clothing should fit the person well. Practicality is the emphasis rather than how fashionable clothes are! Unsuitable or ill-fitted clothing can impair student participation and may be hazardous.

Essential clothing and equipment all students must bring:
- morning tea snack for Wednesday
- packed lunch for Wednesday
- a change of clothes
- one warm jumper
- warm sleepwear
- rain coat
- school hat
- old sneakers
- gum boots
- water bottle
- towel
- plastic garbage bag for soiled clothes

Sleeping
- sleeping bag
- sleeping mat/liilo
- pillow

Toiletries
- soap
- toothbrush and toothpaste
- sunscreen
- insect repellent

Personal equipment
- eating utensils – i.e. knife, fork, spoon, plate, cup
- torch (a head-torch is handy)
- personal medical requirements

Optional
- camera

Notes
- The school will provide tents
- Students do not need to bring any extra money. There will be no opportunities to spend it.
- All personal items and baggage should be clearly marked with the student’s name.
- Students may bring a camera but no responsibility will be taken for loss or damage to equipment.
- Mobile phones are not permitted. Staff will have mobile phones and students can be contacted on the program through the school.
- As a health precaution students are advised not to bring aerosol propellant cans e.g. deodorant sprays.
- Students must not bring medication not documented on the medical form.