# Radish and Orange salad

## Ingredients

- 1 long cucumber
- 1 orange segmented
- 5 radishes
- 1 cup of parsley
- 4 - 6 lettuce leaves
- Salt and Pepper
- 1 Tbls olive oil
- 1 Tbls red wine vinegar

## Equipment

- Knife
- Chopping board
- Mixing bowls
- Measuring spoons
- Peeler
- Salad bowl
- Salad Spinner

## METHOD

1. Set up a wash tub.
2. Wash all vegetables
3. Peel cucumber into ribbons.
4. Slice radish and cut into semi-circles
5. Spin lettuce leaves in the salad spinner and brake in half
6. Peel orange and cut into segments
7. For the dressing combine oil, salt, pepper and red wine vinegar in a small bowl and whisk.
8. Arrange vegetables on the plate and drizzle with dressing before serving.