Burwood Heights Primary School’s goal is to educate the whole child. Our students will be at the heart of

**NEWSLETTER NO.5**  
**THURSDAY 3RD MARCH 2016**  
**WEBSITE ADDRESS** is burwoodhps.vic.edu.au/

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**FROM THE PRINCIPAL …** Esther Wood

**HOUSE ATHLETICS**

The happiness and thrill of competition was evident in our students (and their parents and teachers) yesterday at the House Athletics Sports. Reflecting about this, it was clear that running, walking, jumping and throwing have been part of human activity since man has been doing these activities. This is what today’s athletics really is all about.
We can trace the history of athletics back to 3800BC in Memphis in Egypt and this has continued in various forms including the Ancient Olympics to today’s highly organised competitions, with its up-to-date technology and business. Athletics has spanned time and generations.

For many of us athletics also includes the relaxed form of fun where people compete purely for the love of it or its exercise value or social benefits. Today we are most fortunate as athletics is now totally inclusive for juniors, seniors, masters and disabled.

Some of Australia’s greatest household names have come from the track (Herb Elliott, Betty Cuthbert, Shirley Strickland, Majorie Jackson, Ron Clark, Jon Landy, Raelene Boyle, Robert de Castella and Cathy Freeman and I wonder if we saw someone yesterday who will make a household name in the future.

I thought it augurs well for athletics in the future if we can keep our students inspired to participate fully in sport in school and out of school.
I congratulate you all on a wonderful day of ATHLETICS!

**SENIOR SCHOOL CAMPERS HEAD TO BEECHWORTH**

Next Monday (three days to go) we will wave most of our Senior School students off to their destination, Beechworth. The five-day camp will give students the opportunity to experience and visit first-hand many of the historical locations they have been studying. Students will follow the path of Ned Kelly’s last stand at Glenrowan, go gold panning, tour the historic town of Beechworth, re-enact the famous Kelly trail and visit the cemetery in Beechworth. The students will experience sheep and wool handling, witness a blacksmith demonstration, have some lively fun when they learn numerous bush dances and go on many hikes around the countryside. This is a wonderful camp and made all the better because of the venue – The Old Priory.
Everyone will be busy packing this weekend – students and staff!

**SENIOR SCHOOL CLASS BARBEQUE**

Last Monday night the Outdoor Learning Classroom was the “place to be”. It is so pleasing to see so many families showing their children that they value the place where formal learning occurs by attending and meeting their friends and their friends’ parents.
This was the last of our barbeques for this year and I hope that you have gained as much from them as we have.
I take this opportunity to acknowledge Mrs Vicki Fahey’s successful management and co-ordination of these community barbeques, the staff who have assisted in the cooking of the sausages and attending staff who had time between serving the sausages, to chat to you.
Thank you one and all.

**REMEMBER STUDENTS’ IMMUNIZATION RECORDS**

Under the “Public Health and Wellbeing Act 2008, all students should have an immunization record. All our records will be reviewed and you will be contacted if you have not complied, requesting your co-operation in this matter.
If a student shows any sign of measles, such as fever and cough and rash, families will be contacted immediately and a medical opinion sought.
TRAVELLING TO AND FROM SCHOOL

Walking or cycling to school is a great way to get a healthy start to the day. It can also be a good opportunity to teach your child about traffic safety. It is important that you discuss the route used to get to and from school and that this advice is followed if your child is not walking or riding with you:

* Only walk/ride the route discussed with you
* Go directly to the destination
* Walk/ride with a sibling, friend or someone else from school, if possible

If students are attending sport or dance practice or any other function after school, they should be picked up by parents or a letter written to the supervising teacher if other arrangements are made.

GRADE SIX JACKETS

Artwork has been approved and manufacture is underway of the Grade Six jackets. As advised earlier, this can take up to 8 weeks from now, so please do not ask when they will be coming back. As soon as I receive the jackets, they will be distributed to students.

FUNDRAISING

MMMMMM - It's March

Remember to return Hot Cross Bun orders by Tuesday 15th March for delivery on the last day of Term, Thursday 24th March.

LOST OR LABELLED???

The pile of lost property is already enormous. If you need labels for your child's belongings, remember you can order Oz Labels on-line and a percentage of sales goes to the school. Brochures available at the office.

Prep B - Josie M for her amazing writing in her diary and always trying her absolute best!
Prep C - Ren G for showing great enthusiasm in everything that he does. You are a delight to have in our class.
Prep M - Jayden for a wonderful effort in all that he does! Keep up the great work!
Grade 1/2C - Jade D for always working hard to produce work of an excellent standard. Well done!
Grade 1/2E - Ava F for demonstrating great determination and effort when presenting her reading goal for 2016. Good luck!
Grade 1/2P – Chloe D for a fantastic presentation to the class about her yearly goals. Well done superstar!
Grade 1/2R - Tiya C for being a fantastic listener and always trying her best! Well done!
Grade 3/4A – Andrew F for trying really hard to complete all his work to the best of his ability. Keep up the great work!
Grade 3/4K - Hannah P for writing an interesting and engaging narrative that included many interesting, sensory adjectives and for being a helpful and enthusiastic member of 3/4K!
Grade 3/4V – Isabella N for bringing a positive attitude to learning and contributing enthusiastically to classroom discussions!
Grade 5/6E - Ryosuke S for his outstanding efforts and contributions in all Mathematics classes. Well done Champ!!
Grade 5/6H - Jason N for taking part in class discussions and sharing his knowledge through answering questions. Well done!
Grade 5/6M - Bianca M for completing all of her leadership roles diligently and ensuring all of her work is presented to a very high standard.
Grade 5/6W - Lara L for actively participating in all class discussions and always lending a helping hand to others. You are a delight to have in our class. Well done!
Homecrafts - River 34K for consistently displaying good manners and a friendly and helpful attitude in the kitchen. Congratulations and well done
Scientist of the Week - Arjun P for designing a car and a boat to move the greatest distance during the Bright Sparks course ‘Generating Motion’.
COMMUNITY COOKING

Our first FRIDAY session is tomorrow – 4th March from 9am (after drop off) in the kitchen.

Theme - Pakistani Chicken Biryani

We're back on Thursday 10th March from 2pm in the kitchen.

Theme - Healthy Lunchbox Treats

Our final session for this term is this FRIDAY 18th March from 9am in the kitchen.

Theme - DIY Flatbreads for Wraps

BURWOOD HEIGHTS PRIMARY SCHOOL PLAYGROUP

Tuesdays 9.15am – 11.15am

2016 – TERM ONE TIMETABLE

- 8th March – ANIMAL THEME – make your own mask
- 15th March – EASTER THEME – Easter Bonnet Making
- 22nd March – EASTER THEME – Easter egg decorating

Maths Puzzles!

Prep-3

Triangle Patterns!

Study the first two triangles in each row and complete the last one.

Grade 4-6

Answers in next week’s newsletter!

Answers of last week’s puzzles:

Which one is different?

In each square one number is different. Colour the number.
Blackburn Calisthenics

Does your child love to Dance, Sing and Perform?
Then Calisthenics might be the perfect fit.

Come and try our fun classes for all ages.
Classes include a range of activities incorporating
gymnastics, dance, singing and fitness.

First class FREE!

Tots aged 3-5 Saturday 9.45am
Tinies aged 5-7 Saturday 9.45am
Subbies aged 5-10 Wednesday 4.30pm
Sub-Juniors aged 8-10 Saturday 11am
Juniors aged 11-13 Saturday 11am
Inter aged 14-17 Thursday 5.30
Seniors aged 17 & over Tuesday 6.30pm
Masters 26 & over Monday 7pm

www.blackburncalisthenics.com.au
Call Sue: 0400 534 456

Highvale Secondary College

Highvale College achieves excellence in education and training through a wide range of curricula and enrichment programs.

Curriculum Programs
- VCE subjects offered with subjects offered across all Domains
- Performing Arts Music Program offered in string, percussion, dance, drama, keyboard and guitar
- Accelerated Program in English, Mathematics classes and VCE studies

Results
- 2015 Top Achievers - 96%
- VCE results - scores of 45+ achieved in a wide range of subjects across the curriculum
- Students can apply for - The Merit Years Scholarship and
- Lee-Dow Young Scholarships from the University of Melbourne

Tertiary Education Partnerships
- Partnerships with Deakin and Monash universities

ICT
- New infrastructure to support VCE program

Facilities
- New Performing Arts Centre to be open in February
- Renovations for classrooms, Kelly and VCJ Senior Centre
- Development of music plan for band-busking works

Highvale Secondary College
Capitol Ave, Glen Waverley, 3150 Telephone: 03 5144
Fax: 03 5141 3185 Email: Highvale@ Password: vic.edu.au
Website: www.highvale.vic.edu.au
CRICOS Provider Code: 00935I

Newspaper

Parenting Information Forum

Let’s Talk About Drugs and Alcohol

By the time they hit late Primary to early secondary school it’s likely that a child has already been exposed to drugs and alcohol in some way - whether through friends, television, movies, books, family members or the Internet.

It is also pretty likely that they’re starting to form their own opinions and attitudes towards drugs and alcohol. It’s important for parents, grandparents, and other caring adults to help guide the conversation around prevention and harm minimisation. To be more knowledgeable and drug-informed adults, grandparents and parents can take the first step in more informed conversation by joining Linda and Anthony from YAMS’s Becoming Supportive Parents will provide parents with current information about youth drug and alcohol use and provide guidance to parents on how to support their children to make positive decisions.

Facts revealed: Family support groups are to reduce youth homelessness by enhancing the relationships that young people aged 12-18 have with their family, friends, educators, and intellectuals. While parenting qualifications can be tough, support is offered to suit the young person and their families using solutions focused family counseling approaches.

Date: Thursday 27 April 2016
Time: 7.30am Rm 9
Venue: Warrick Room, Whiteman Centre, 367 Whitehorse Road, Nunawading (entrance from nonmotorway drive)
Booking: Booking is essential. Please book online at athletics@yams.vic.edu.au or information@yams.vic.edu.au
Further Information: Please contact the YAMS Family Resource Centre on 9862 3675 or email info@yams.vic.edu.au
Cost: $1 (child care donation available on the night)
Other Information: 
- There will be A4 sized program available at the venue. Please bring a pen.
- Please note we are unable to accommodate children at the forum.
Hi Everyone,

**THIS WEEK:** Was CULTURE WEEK
We had so much fun learning about different cultures, making flags and decorating our area!

**NEXT WEEK:** IS HOME/HOUSE WEEK
This week we will be exploring the different types of homes around the world and decorating our home corner.

**Next Week’s Activities and Food:**

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<td><strong>FOOD</strong></td>
<td>Apples, pears, rockmelon, carrots and cucumber with Extreme Cheese corn chips and mild salsa.</td>
<td>Apples, pear, watermelon, rockmelon, carrots and capsicum with Spicy lentil soup.</td>
<td>Apples, pears, rockmelon, carrots, cucumber and sultanas with pasta with bolognese sauce and mixed vegetables</td>
<td>Apples, pear, watermelon, rockmelon, carrots and capsicum with pizzas with cheese, capsicum and pineapple</td>
<td>Apples, pears, rockmelon, carrots and cucumber with pita bread Apple and Cinnamon muffins.</td>
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**Parent Information**

*For any new parents and children, or anyone who hasn’t been to after school care before, please feel free to come and visit and see what we do here! We would love to meet you all and answer any questions you have. 😊*

If you have any questions or queries, please do not hesitate to call us ☺

*The OSHClub Team.*

OSHC program phone: **0423 225 807**
Coordinator: **JESSICA**
Assistants: **NICHOLA, LILLI & ANASTASIA.**
OSHClub Head Office: 03 8564 9000

All families must be enrolled to attend the program, remember this is Free!! Please create an account online at [www.oshclub.com.au](http://www.oshclub.com.au) all bookings and cancellations can also be managed via your online account. For on the day bookings please contact the Coordinator direct at the program.